

Essence: Sweet children, repeatedly remember this Father and your inheritance. This Father, the spiritual *Surgeon*, only gives one medicine to make you ever-healthy. He says: Children, remember Me!

Question: What aspects should you talk to yourself about so that you can experience great pleasure?

Answer: Tell yourself: Whatever I can see with these eyes is going to be destroyed. Only Baba and we will remain. Sweet Baba is making us into the masters of heaven. By going into solitude and talking to yourself in this way you will experience a great deal of pleasure.

Om shanti. The Supreme Father, God Shiva, speaks: Sweetest children, you should remember the most auspicious confluence age at every step. Only you children know this, but, numberwise, according to the effort you make. Your intellect should remember that, now, at this most auspicious confluence age, we are becoming the most elevated of humans and that Baba has come to free us from this cage of Ravan. Just as a bird becomes happy when released from a cage, it flies and experiences happiness, so you children also realise that this is Ravan's cage in which there are so many different types of sorrow. The Father has now come to release us from this cage of captured human beings. It is written in the scriptures that a war took place between the deities and the devils and that the deities won the war. In fact, it was not a question of a war. You are now becoming deities from devils. You gain victory over Ravan, that is, the five vices, not the Ravan community. The five vices are called Ravan. However, there is no question of burning anyone. You children become very happy that you are going to a world where it is neither too hot nor too cold, where there is a constant season of spring. The golden-aged spring is now coming. Here, spring is short-lived, but spring there lasts for half the cycle. The climate is not hot there, whereas, here, people suffer and die due to the heat. In order for you to become free from all these sorrowful things, the *Imperishable Surgeon* gives you very easy medicine. The other *surgeons* you go to have to remember many different medicines, whereas this Surgeon has no other medicine. By simply remembering Him you become completely free from disease; there is no medicine etc. Children say that they are going to hold a *seminar* today on how to write a *chart* on how Baba can be remembered. Now, the Father does not trouble you to sit and write down anything. There is no need to waste paper. The Father says: Just remember the Father with your intellect. Do they write a chart on the path of ignorance on how much they remember their father? There is no need to read or write anything for that. Children say to the Father: Baba, I forget You. If others were to hear this, what would they say? You children say: We have become Yours while alive. Why have you become this? In order to claim the sovereignty of the world from the Father. So, then, why do you forget such a Father? Can't you remember the Father who gives you such a huge inheritance? You have received this inheritance from Him so many times before, but you still forget Him. If you want to claim your inheritance, you have to remember Him and also imbibe divine virtues. What is there to write about? Each of you just has to ask your heart. There is the example of Narad. He was a great devotee. You know that you are old devotees of many births. You now experience so much happiness by remembering the sweet Father. Those who remember Him become worthy of marrying Lakshmi or Narayan. When a poor child is adopted by a wealthy person, he becomes very happy. He would keep remembering his new father and the inheritance. There are many here who don't even have the wisdom to become the Father's child and claim a kingdom. It is a *wonder* that you aren't even able to remember the Father who is making you into the masters of the world. The Father *adopts* you children, and so it's a wonder that you are not able to remember such a Father. You should repeatedly remember the Father and His *property*. The Father says: Sweet children, long-lost and now-found children, you invited Me to come here to *adopt* you. The Father has been invited to come. It is the Father who establishes heaven. He gives you your inheritance of heaven. You say to Baba: Come and adopt us impure ones. You, yourselves, have been saying that you are impure and bankrupt, dirty and *not worth a penny*. On the path of devotion you continued to call out to the unlimited Father to come. The Father says: Even on the path of devotion, you didn't have as much sorrow as human beings here who have so much sorrow. The Father has now come so it must surely be the time of destruction. You understand that, after this war, after destruction, there will be no trace of war for many births and many years. Wars will not take place nor will there be any trace of suffering or sickness.

However, there are now so many diseases. The Father says: Sweet children, I will release you from all suffering. You have been remembering Me: Oh God! Come and bestow peace and happiness on us! Everyone asks for these two things. Here, there is peacelessness. Therefore, those who give advice on peace are given a peace *prize*. The poor people don't know what peace is. Peace cannot be attained from anyone other than this sweetest Father. You try so hard to make them understand, but, they still do not understand. You should also write to the *Government* and ask: Why do you waste your money for nothing? Only the one Father, the Ocean of Peace, can create peace in the world. You can write this in a *royal* way to the *heads* of the *Government* on good quality paper. When they see the good quality of the paper they will understand that the letter has come from an important person. Ask them whether the peace they want ever existed in the world before and whether that is what they want to accomplish again. It must have existed before. You children know the time and date when peace and happiness existed in the world. It was the Father who came and created peace and happiness in the world. There was peace and happiness in the golden-aged dynasty of Lakshmi and Narayan. No one else knows the roles of Brahma and you Brahmins. Brahma's role is the main one. He becomes the chariot through which He carries out so much work. This is why he is given the name "The Multimillion-times Lucky Chariot". Churn how you can explain this. Human beings have a lot of intoxication. You now have to give them the Father's introduction. Only the Father, the Ocean of Knowledge, has this knowledge. It is only when He comes that He gives this knowledge. Until then, no one else can give this knowledge. On the path of devotion, all the devotees continue to worship. Only the one Father gives you knowledge. In fact, you don't make a permanent book of knowledge at all. You hear this knowledge through your ears. Whatever books etc. you have are only *temporary*, for they are all going to be destroyed. All the *notes* etc. that you make are also going to end. The notes you make are just for your own efforts. The Father says: Make a *list* of *topics* that you'll be able to remember. You know that these books etc. won't remain. Only this remembrance will remain in your intellect. Your souls become completely full like the Father. All the rest of the old things, whatever you see with your eyes, will be destroyed at the end. Nothing will remain at the end. The Father is the eternal Surgeon. Souls too are eternal and imperishable. They leave one body and take another. Day by day, whatever bodies people receive will be impure and dirty. You children now know that you are now becoming elevated. It is the Father who makes you elevated. Sages and holy men don't make you elevated. The Father makes you elevated. Baba says: Sweet children, I seat you on My eyelids and take you back with Me. The soul sits here in the eyes. The Father says: O souls, I will take you beyond in My eyes. Only a short time now remains. Therefore, make effort! Ask your heart how much you remember *sweet* Baba. Hira and Ranjha (a pair of lovers) didn't love each other for vice, there was just pure love. Through remembrance, they could see each other, they would meet one another. The Father says: You too should become like that. They are lovers for one birth, whereas you are My lovers for so many births. Those things that happen take place at this time. The word "lovers" is not used in the golden age. There, they remain pure; when one thinks of the other, he or she will appear and they experience happiness. You children don't have anything visible to see. At this time you only have to consider yourself to be a soul and remember your Beloved, the Father. Consider yourself to be a soul and remember the Father with great happiness. The Father continues to explain: On the path of devotion, you loved Me as your Beloved and you sacrificed yourself to Me. You used to say: When You come, I will sacrifice myself to You. The Beloved has now come to make everyone beautiful. He tries to make you become like Himself. When you become beautiful, your body will also be beautiful. It is the soul that has had alloy mixed into it. Now remember Me and that alloy will be removed. There is so much solitude here for the children that come. When priests go for a walk, they stay in total silence. They hold a rosary in their hands and they won't look at anyone. They walk very slowly and stay in remembrance of Christ. They do not know the Father. It is said of Me that God is beyond name and form. So, what is a point? They don't know how to remember a point. You now know Him. You understand this, which is why you come here. Madhuban is praised. This too is the true Madhuban where you come. As much as possible sit in solitude and remember the Father. Don't look at others. There are many rooftops. Go on the roof in the morning in remembrance of Baba and

you will experience a great deal of pleasure. Try to wake up during the night at 1 o'clock or 2 o'clock or early in the morning. You are the famous ones who conquered sleep. Go to bed early, and then get up at 1 or 2 o'clock in the morning and go on the roof and stay in solitude on the pilgrimage of remembrance. You have to accumulate your income. Remember the Father and keep yourself busy in praising Him. Tell each other as well. "Baba is so sweet." By remembering Him, your sins will be cut away. You have a very good chance to accumulate a lot of income here. You are not able to do this in your own home. You don't have the time and the vibrations and atmosphere of the world are so dirty that you are unable to remain on the pilgrimage of remembrance. There is no need to write anything for this. Do the lover and beloved write anything? Check yourself internally: Did I cause sorrow for someone? How many did I remind of Baba? You come here to make progress. Therefore, make effort here. Sit in solitude on the rooftops and accumulate your income. This five to seven days that you stay here after hearing the murli, go and sit in solitude. You are sitting in your own home. Therefore, remember the Father and you can accumulate some income for yourself. Many mothers are in bondage, and they therefore remember the Father: Shiv Baba, release me from this bondage. They are beaten so much for vice. Draupadi has been portrayed being stripped. All of you are now Draupadis. Therefore, continue to remember the Father. Baba tells you many clever ways to remember Him. It is not a question of having to bathe. Yes, if you empty your bowels, then it is necessary to take a bath. Even whilst bathing some devotees remember God and the deities. The important thing is remembrance. You have received a great deal of knowledge. It is the knowledge of the cycle of eighty-four births. Check yourself within and ask: Throughout the day how much do I remember the Father, the sweetest Father, who is making me into a master of the world? Does my mind keep wandering? Where does it go? This world won't exist. Everything is going to be destroyed. Only Baba and ourselves will remain. By talking to yourself in this way you will experience a great deal of pleasure. Those who come here are the oldest devotees. You can see that those who don't understand are recent devotees and will come later. Those who started on the path of devotion when it began will certainly come here to claim their inheritance from the Father. The effort here is incognito. Those who do not imbibe this knowledge are unable to make effort. You come here to work on yourself and become *refreshed*. You can accumulate so much here in one week. You wouldn't be able to accumulate that much in even twelve months there (at your own places). You can catch up in just seven days. It is Baba who is giving you this advice. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother and Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Sit in solitude, remember the Father and accumulate an income. You have to *check* yourself internally that your mind does not wander at the time of remembrance. For how long do I remember the sweet Father?
2. Stay in constant happiness that Baba has freed you from Ravan's cage. You are now about to go to the new world where it is neither too hot nor too cold but where there is constant spring.

Blessing: May you become an embodiment of blessings by adopting the method of using everything in a worthwhile way and attain the blessing of becoming successful.

At the confluence age, you children have the inheritance and the blessing: Use everything in a worthwhile way and experience success. To use something in a worthwhile way is the "seed" and success is its fruit. It is impossible for the seed to be good and for you not to receive its fruit. Just as you tell others: "Use your time, thoughts and wealth in a worthwhile way" in the same way, *check* the *list* of all your treasures and see which treasure was used in a worthwhile way and which one was wasted. Continue to use everything in a worthwhile way and you will become full of all treasures and an embodiment of blessings.

Slogan: In order to claim a Godly *award*, avoid waste and *negativity*.

*** O M S H A N T I ***